

## DNA Tribes™ Europa Report for Jayne Overgard

### About DNA Tribes™ Europa

**Introduction:** DNA Tribes™ Europa is a specialized analysis for people of European descent, including a detailed comparison to genetic sub-regions of Europe. The scores in this DNA Tribes™ Europa report can be compared to score information in Part D of your core BGA Plus analysis.

**A Guide to Genetic Sub-Regions of Europe:** Your DNA Tribes™ Europa results identify the sub-regions of Europe where your DNA profile is most common. These genetic sub-regions (*illustrated below*) include both geographical territories and endogamous trans-national communities who have retained unique genetic characteristics. The pages following your own analysis include information about each European sub-region.



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**Your DNA Tribes™ Europa Results**

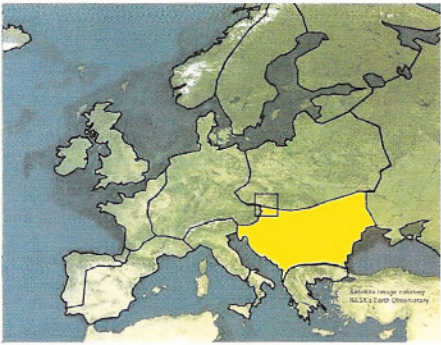


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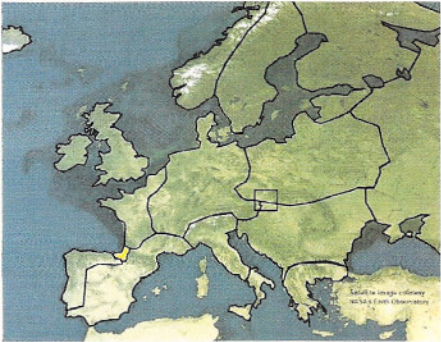
### A Guide to the Genetic Sub-Regions of Europe:



**Ashkenazi:** Ashkenazim (derived from the Hebrew word for Germany) are Jewish Diaspora peoples historically living as endogamous communities within Central and Eastern Europe. Ashkenazi populations trace their genetic roots to medieval Jewish communities along the Rhine River and ultimately to the Land of Israel.



**Balkan:** The Balkan region of southeastern Europe extends between the Balkan Mountains, the Danube River and the Black Sea. These ethnically diverse lands have been the historical crossroads of many European and Near Eastern civilizations, and include the sites of the first farming communities in Neolithic Europe.

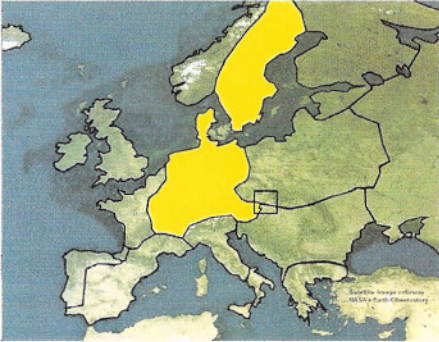


**Basque:** Basques live in historical lands near the Pyrenees Mountains and the Bay of Biscay at the junction of France and Spain. Basque peoples speak *Euskara*, a unique language unrelated to the Indo-European tongues spoken by most Europeans. Basques retain a distinctive culture sometimes thought connected to ancient Ice Age peoples of Western Europe.

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**Finno-Ugric:** The Finno-Ugric region is the northernmost region of Europe and home to Finns, Estonians and related Scandinavian peoples. These northern cultures are distinguished by their Uralic languages, related to tongues spoken in Hungary and by some ethnic groups of Western Siberia.



**Germanic:** The Germanic region includes the Germanic speaking lands of Central Europe and Scandinavia. Named Germania by the Romans, these centrally located territories are home to the influential Teutonic peoples who often came in contact with nearby regions and were instrumental in spreading Roman civilization throughout medieval Northern Europe.

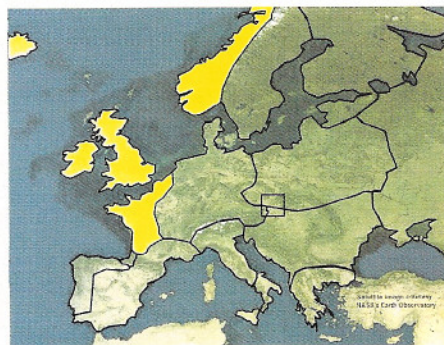


**Greek:** The Greek region includes the Greek Islands and nearby maritime lands of the East Mediterranean, including the southernmost parts of Italy and Sicily. Home to the Hellenic city-states of classical antiquity, the Greek region is often considered the birthplace of European civilization.

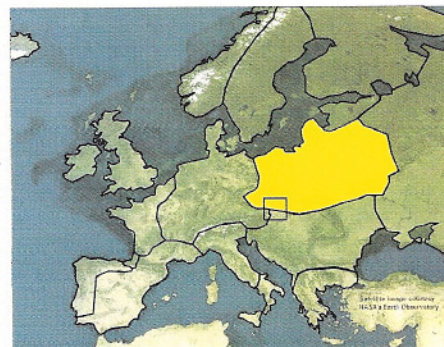
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**Italian:** The Italian region includes the many provinces of the Italian Peninsula. This boot shaped peninsula is connected to Central Europe in the north and the East Mediterranean in the south, and is the historical seat of the ancient Roman Empire.



**North Atlantic:** The North Atlantic region extends along the Atlantic facade of Northern Europe, including Iceland, the British Isles, western Scandinavia and the nearby coasts of Western Europe. These seafaring lands are linked by waterways such as the North Sea, Irish Sea and English Channel and are home to the historical territories of Celtic and Norse societies.



**Polish:** The Polish region includes the Central and Eastern European lands of the modern Slavic nations of Poland, the Czech Republic and Belarus. The Polish region also includes parts of the historical territories of Celtic, Germanic and Baltic tribes and peoples.

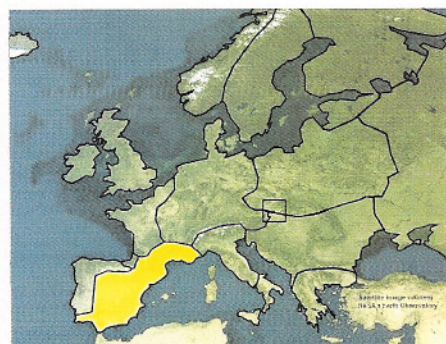
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**Portuguese:** The Portuguese region includes the portions of western and northern Iberia facing the Atlantic Ocean. These maritime territories have been settled by Celtic and Germanic tribes linked to Northern and Central Europe as well as by Romans, Moors and other Mediterranean peoples.



**Russian:** The Russian region includes the historical Eastern European homelands of the Eastern Slavic peoples and seat of the Russian Empire. The easternmost extension of Europe, the Russian genetic region borders on Near Eastern and Central Asian regions while retaining a distinctive European character.



**Spanish:** The Spanish region includes the interior and Mediterranean coast of the Iberian Peninsula. The historical territory of Iberian and Celtiberian peoples, Spain has also been home to cultures including Romans, Visigoths and Moors. Spain is also thought to be the refuge of prehistoric peoples weathering the Ice Age who later repopulated Western Europe.